



Building Good Family Time Management for Housewives in an Effort to Improve Family Economy

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Article Info	ABSTRACT
<p>Corresponding Author: Putri Mauliza E-mail: masitah@gmail.com</p>	<p>This community service aims to analyze how to build good time management for housewives. The implementation method used in this Community Service activity is by conducting face-to-face meetings with participants consisting of housewives. Providing training and discussions and conducting direct Q&A. The training uses lecture, discussion, and Q&A methods. This aims to increase awareness and understanding of participants regarding the importance of building educational institutions that have competence and competitive advantages. While in the evaluation or assessment stage, participants will be given feedback on the community service program that has been implemented. In this case, it will be a consideration for the community service team in order to provide benefits for Sei Krio housewives. Based on the results of community service activities for housewives, suggestions are submitted, including: 1. More enthusiasm, especially for housewives so that the time they have can be used properly and effectively. 2. To continue to actively participate in training and competency development activities. 3. Community service activities like this can be carried out routinely both in the same location and in different locations to increase frugal behavior and a love of saving for children.</p> <p>Keywords: Family Time Management, Housewives, Effective Time Management</p>

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INTRODUCTION

Time management is the planning of the day/time in order to make the best use of the time available. The concept or term of time management originated from the industrial revolution, when there was attention to effective and efficient time management in order to control the time available to a person. Therefore, it is very necessary to use time wisely.

Time management includes the act of arranging, scheduling, organizing, and allocating each person's time used to complete their daily tasks. In addition, time management is the art of arranging business and personal affairs as effectively and efficiently as possible, making everything run well, as quickly as possible, and with the use of as few resources (time, energy, money, and people) as possible. The problem of time management is common to many people. Many people acknowledge and feel the need for it. But in reality they do not pay attention and apply it. Housewives are the first educators in

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the family. Education given by parents, especially mothers, is the core and foundation of education as a whole before later undergoing formal education or living in society. For that reason, a mother figure is needed who can devote her time to the family. This will be seen more often in the figure of a housewife

A mother who conceives, gives birth, breastfeeds, cares for, and raises a child has an intimate closeness with her child. In this case, the mother knows the child's condition best. The good or bad condition of the child when he/she is an adult depends on the education he/she received when he/she was a child, especially the education given by a mother. In addition to instilling and forming character for the child, the role of a housewife is very large for the continuity of her family. A mother is like a manager who takes care of everything at home, starting from household spending, food, to various other needs are managed by a mother. Being a housewife and taking care of a business will also be very complicated. However, with good time management all of these things can be done. Time management is a way that can be done to balance time for learning or working activities, having fun, and resting effectively. God gives humans the same time, namely 24 hours. However, there are some people who are successful in dividing their time, there are some who are not successful in dividing their time.

The main purpose of dividing time is to be able to do various things effectively and efficiently. The problem of mothers is that they actually do not like to be targeted but they themselves target themselves. Therefore, it is necessary to organize it efficiently. Time management is the act and process of planning and implementing conscious control over the amount of time that will be used for certain activities, especially to increase effectiveness, efficiency, and productivity. Time management requires a number of skills, tools, and techniques used in managing time to complete a task or project within a specified time frame. Time management is one of the most important issues in modern business, with time seen as one of the key resources for success.

But how a person uses working time productively so that he can do all the tasks and still get the strength for the next tasks is an important challenge in a project leader and in an individual. Time is a definite resource but it can easily pass without being able to be used again for the next opportunity.

One needs to learn and practice saving time and using it well, effectively, and efficiently. The number of participants is 10 people. When viewed from the number of participants, it is more dominant women and housewives, so it is needed that these housewives need good time management. This is because the problem of time is very much felt by working mothers. Because as a housewife she cannot release her obligations to the household, family, and society. In addition, educating and being a role model for his wife and children is the obligation of a head of the family. Likewise, a wife as a housewife has an obligation to help her husband in maintaining the household, managing all household needs, paying attention to children's education, and managing finances so that there is harmony between income and household needs. To educate children, mothers play the most dominant role compared to fathers.

In this case, the mother knows the child's condition best. Therefore, the mother has the first and foremost responsibility towards the child. The good or bad condition of the child when he/she is an adult depends on the education he/she received when he/she was a child, especially the education given by a mother. Education in this case is not limited to education that is intentionally given, for example teaching children good habits, manners,

religious education and so on, but unintentional education will affect the child. Everything that happens in the household and family, such as feelings, behavior, and relationships of the mother and father at home or outside the home will greatly affect the good or bad condition of a child. Since ancient times until now, women have played a very important role as housekeepers. Household affairs include all kinds of heavy and light work. For example, managing the house, cooking, washing, caring for, and educating children, most of which are done by mothers themselves without help/assistance from other people. Often mothers have to work day and night with not enough time to relieve their fatigue or simply seek entertainment. The importance of the role of a housewife is not only in the education of children, but also includes her role in the welfare of the family. In family life in society, fathers and mothers work together to manage their households so that they are stable and prosperous. The role and responsibility of a mother in forming a prosperous family, in fact, cannot be separated from the role and responsibility of a father. Both complement and support each other. Forming A prosperous family is basically about driving the management processes and functions in household life.

Therefore, in addition to natural tasks (pregnancy and breastfeeding) everything related to forming a prosperous family must be elastic, open and democratic. The main tasks of the members are different but the goals and reference values are the same. This is an ideal condition, while on the other hand, we cannot deny that there are still families whose welfare is shaky. Time management is not about doing many things in one day. It is about doing the most important things. Time management is the ability to decide what is most important in life both at work, at home, and even in personal life. Therefore, this very valuable and important time must be regulated and can be used in a balanced way for work, rest/sleep, and free time. This devotion aims to analyze how to build good time management for housewives.

METHOD

Based on the previous explanation and discussions with partners, the main problem that must be done is to increase the understanding and knowledge of housewives who work in time management. The implementation of this community service program consists of 4 (four) stages, namely the target group survey stage, preparation and provision, implementation stage and the plan for the sustainability of the community service program in the future. The details of the stages are as follows: 1. Target Group Survey In the first stage to obtain information about the location of the community service and other aspects of the target area. 2. Preparation and Provision At this stage, the community service team prepares the facilities and infrastructure that will support the implementation of community service activities. The preparations made include preparing the location and facilities that will be used in community service activities which are prepared in stages by considering the level of need required by partners in the target community service environment. 3. Implementation of Community Service (PkM) is carried out in the Sei Krio complex. The participants are 10 people consisting of housewives. The Community Service Team consists of 2 lecturers and Battuta University. The implementation method used in this PkM activity is by conducting face-to-face meetings with the participants consisting of housewives. Providing training and discussions as well as conducting direct Q&A. The training uses lecture, discussion, and Q&A methods. This aims to increase awareness and understanding of participants regarding the importance of building educational institutions that have

competence and competitive advantages. While in the evaluation or assessment stage, participants will be given feedback on the community service program that has been implemented. In this case, it will be a consideration for the community service team in order to provide benefits for Sei Krio 4 housewives. Program Sustainability For the sustainability of the community service program in the future, the team will continue to try to provide assistance and work together with the association so that they can continue to foster and provide directions to the participants in this service. Because by providing time management material for housewives who work in the Sei Krio complex housewives association will be the key to the success of the service team. In this case, Battuta University Lecturers have succeeded in providing guidance in a better direction so that they can provide benefits for all

RESULTS AND DISCUSSION

Results

Community Service Activities on Building Good Family Management for Housewives in Efforts to Improve Family Economy can be implemented well. Community service activities were attended by 10 housewives. The stages of community service activities that have been implemented are as follows: 1. Community Service Preparation a. Community service location survey through visits. b. Preparation of materials to be delivered during the community service. c. Preparation of the place as a place for implementing activities. 2. Community Service Implementation a. Opening Community Service begins with an opening ceremony and introduction of the community service implementers. b. Delivery of Materials c. Discussion/Q&A After the material was delivered, participants were given the opportunity to ask questions. There were 2 participants who asked questions, with a summary of the questions as follows: Participant 1: asked about how housewives can do good time management. Participant 2: asked about the steps to make good time management. 3. Closing and Evaluation of Activities Community service activities were closed with a group photo with the participants

Table 1.

No	Name	Address
1	Princess Mauliza	Medan
2	Zahara Meutia	Medan



Figure 1. PKM activities

CONCLUSION

From the results of community service activities for housewives who work with students, several conclusions can be drawn, including: 1. Community service activities carried out in the form of counseling with the theme: family time management can be implemented well. 2. The expected output can be achieved well where there is strong motivation in time management. Based on the results of community service activities for housewives, suggestions are made, including: 1. More enthusiasm, especially for housewives so that the time they have can be used properly and effectively. 2. To continue to actively participate in training and competency development activities. 3. Community service activities like this can be carried out routinely both in the same location and in different locations to increase thrifty behavior and a love of saving for children.

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